

## What is Benefits Counseling?

Benefits counseling is a service that assists individuals who receive Social Security disability benefits and/or other public support benefits. The purpose of counseling is to help individuals understand how work affects any benefits they receive while working, so they can become more self-sufficient.

Understanding  
**YOUR** options  
and possibilities  
will help **YOU**  
make an  
informed decision  
about going  
back to work.

## What is a Benefits Counselor?

Benefits Counselors have specialized training in Social Security work incentives and procedures as well as other related benefits such as...

- \* Social Security Disability Insurance (SSDI)
- \* Supplemental Security Income (SSI)
- \* Medicare/Medicaid
- \* Food Stamps
- \* Housing and Rental Assistance
- \* Private Pension
- \* Disability Benefits
- \* Worker's Compensation

We serve  
Transition  
Students

## Our Services

### Personalized Work Incentive Planning

We meet with individuals to review their benefits and develop a written plan outlining how work incentives can support a projected or actual employment goal. Long-term assistance is available.

### Agency Outreach

We provide information sessions and workshops about general Social Security work incentives and rules.

### Basic Budget Counseling Services

We provide basic financial education including:

- \* Creating and using a budget
- \* Ways to save money
- \* Save debt to reduce debt
- \* Basic money management
- \* Budget training workshops

## Keep Us Informed

Any change in your employment status is a great time to reconnect with us because your benefits may be affected.

Examples of changes include:

- \* A raise
- \* Increase or decrease in working hours
- \* Employer benefits
- \* Starting an educational program or business
- \* Participating in a work incentive program through Social Security
- \* Losing a job or stop working

**Call us today!**

We can help *you* turn your options into opportunities.

## Contact Us

The Delaware Division of Vocational Rehabilitation offers **free** benefits counseling services to DVR clients.

### New Castle County

**Belinda Criddell**

belinda.criddell@state.de.us  
Wilmington: (302)761-8275  
Pencader: (302)368-6980

**Jeannie Burns**

jeannie.burns@state.de.us  
Wilmington: (302)761-8275

### Kent and Sussex Counties

**Shaune' Shaw**

shaune.shaw@state.de.us  
Kent: (302)739-5478  
Sussex: (302)856-5730



dvr.delawareworks.com  

# BENEFITS COUNSELING SERVICES

**Do you want  
to increase  
your income  
AND  
are you  
concerned about  
losing your  
benefits?**

